

# Wellness Center Dress Code

The Atrium Health Navicent Wellness Center is committed to providing a safe, comfortable and welcoming environment. Appropriate clothing is required and expected for both male and female members and guests. Please follow these guidelines.

## General Attire

- Clothing should not contain any profanity or offensive language or images.
- All tops must cover the entire torso. No bare or exposed midribs.
- No immodest or revealing attire.
- The armpit gap in tank tops or sleeveless shirts should not be overly large or loose. Tops with ripped out sides are not permitted.
- Pants or shorts must be worn at the waist and cover the entire buttocks, including the fold of the glute.
- Pants or shorts must be free of belts, studs, rivets or zippers that could damage equipment.
- Undergarments should not be visible. Tops should be worn over sports bras.

## Swim Attire

- Swimwear is required when using the pool and is not permitted outside the pool or locker room.
- Swimwear must be conservative in nature, covering the entire buttocks and the full chest for females.
- String bikinis, thongs or Speedo type suits are not permitted.

## Footwear

- Shoes that cover the entire foot are required on the fitness floor and track.
- Flip flops or sandals are only permitted in the pool area or in appropriate classes, such as yoga.

All notices and changes are at the discretion of management.

## What to Wear



## What Not to Wear



**Atrium Health**  
Navicent