

# Love Your Heart



## Atrium Health Navicent Heart Healthy Events

### February 3

Walk with a Doc

Amerson River Park - Children's Playground  
2600 Riverview Road | Macon

**9 a.m.**

Contact Mary Hoey at (478) 538-4046 or [Mary.Hoey@AtriumHealth.org](mailto:Mary.Hoey@AtriumHealth.org)

### February 6

Lunch n' Learn

Topic: How Healthy is your Heart?

Guest Speaker: Mildred Opondo, MD

Atrium Health Navicent Baldwin - Cafeteria  
821 North Cobb St. | Milledgeville

**noon**

Contact Vickie Humphrey at (478) 776-4641 or  
[Vickie.Humphrey@AtriumHealth.org](mailto:Vickie.Humphrey@AtriumHealth.org)

### February 7

\$50 Angioscreen – available to the public  
(FREE for Veterans)

Atrium Health Navicent Wellness Center  
3797 Northside Drive | Macon

**8:30 a.m. to 4:30 p.m.**

Call for an appointment – 800-627-2393.

*Atrium Health Navicent teammates -ask about special rates!*

### February 13

\$50 Angioscreen – available to the public  
(FREE for Veterans)

Atrium Health Navicent Peach  
1960 GA-247CONN | Byron

**8:30 a.m. to 4:30 p.m.**

Call for an appointment – 800-627-2393

*Atrium Health Navicent teammates -ask about special rates!*

### February 13

Galentine's Day

Mammogram Marathon

Atrium Health Navicent offers the latest mammography technology, including 3D mammography at multiple locations across central Georgia.

For more info, please call (478) 633-7020

### February 14

\$50 Angioscreen – available to the public  
(FREE for Veterans)

Atrium Health Navicent Heart & Vascular  
Luce Heart Tower - 4th Floor  
765 Hemlock St. | Macon

**8:30 a.m. to 4:30 p.m.**

Call for an appointment - 800-627-2393

*Atrium Health Navicent teammates -ask about special rates!*

### February 17

Walk with a Doc

**10 a.m.**

Atrium Health Navicent Baldwin - Walking Track  
821 North Cobb St. | Milledgeville

### February 20

\$50 Angioscreen – available to the public  
(FREE for Veterans)

Putnam General Hospital  
101 Lake Oconee Pkwy, | Eatonton

**9 a.m. to 4:30 p.m.**

Call for an appointment - 706-923-2038

*Atrium Health Navicent teammates -ask about special rates!*

### February 21

\$50 Angioscreen – available to the public  
(FREE for Veterans)

Atrium Health Navicent Baldwin  
821 North Cobb St. | Milledgeville

**9 a.m. to 4:30 p.m.**

Call for an appointment - 800-627-2393

*Atrium Health Navicent teammates -ask about special rates!*

### February 22

Heart Health Seminar

Guest Speaker: Gary Daniel, MD, Cardiologist

Atrium Health Navicent Wellness Center  
3797 Northside Drive | Macon

**6 p.m.**

To register, call (478) 633-7157

### February 23

Heart Healthy Cooking Class - available to the public

Atrium Health Navicent Wellness Center  
3797 Northside Drive | Macon

**noon**

Please RSVP no later than Feb. 16 by calling 478-633-7157.

*Space is limited.*



**Atrium Health**  
Navicent