

FIREFIGHTER Medical Evaluation Services

GENERAL	Post-Offer	Renewal
Medical History/Physical Exam	●	●
Behavioral Health Screening	●	●
GENERAL LABORATORY TESTING		
General Health Panel (CBC/CMP)	●	●
Cholesterol Panel	●	●
Diabetes Screen (>/=45yo +/- BMI >=30 +/- DM)	●	●
Dipstick Urinalysis	●	●
Urine microalbumin (DM +/- Uncontrolled HTN)	●	●
5-drug DOT Urine Screen	●	
ANCILLARY TESTING		
Visual Acuity / Color Vision Screening	●	●
Audiometry	●	●
Spirometry/Pulse Ox	●	●
Cardiac Risk Stratification	●	●
Aerobic Capacity Test (Treadmill) ¹	●	●
EKG	●	As indicated
Treadmill Stress Test /Coronary Artery CT ²	As indicated	As indicated
OCCUPATIONAL EXPOSURE SCREENING		
Heavy Metal Testing (arsenic, mercury, lead)	●	Post-exposure only
Cholinesterase	●	Post-exposure only
CANCER SCREENING		
Colon (Stool cards ≥ 40 years old)	●	●
Chest x-ray	●	As indicated
Prostate (PSA if ≥ 40 years old or urinary symptoms)	●	●
Self-Exam - Skin, Testicular	●	●
IMMUNIZATION/INFECTIOUS DISEASE SCREENING³		
TB (IGRA)	●	
HIV / Hepatitis C / Hepatitis B	●	
MMR / Varicella / Tdap	●	

Renewal Physicals will occur annually for firefighters with a history of hypertension, cardiovascular disease and/or diabetes and biennially for all others.

¹Customizable based on department's needs and set up.

²Revised cardiac evaluation protocol includes a combination of stress test and coronary artery CT starting at age 35.

³Establish immunity by vaccine record review and/or titer and update vaccine if needed.

*References 1.NFPA 1582: Standard on Comprehensive Occupational Medical Program for Fire Departments, 2022 edition.
2.Occupational Safety and Health Administration. (1970). Occupational safety and health standards: Occupational health and environmental control (Standard No. 1910.134). Retrieved from 1910.134 - Respiratory protection. Occupational Safety and Health Administration (osha.gov)

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