

Atrium Health Navicent Baldwin

Free Childbirth Classes

Available every Saturday in August!

Childbirth Classes

Preparing for Childbirth August 16, 2025, 10 a.m. - 12 p.m.

Labor Process August 23, 2025, 10 a.m. -12 p.m.

Comfort Techniques / Lamaze August 30, 2025, 10 a.m. - 12 p.m.

> **Breastfeeding Classes** August 27, 2025, 5 p.m. - 7 p.m.

To receive the most effective information, it is recommended that attendees take all classes in the series.



Scan the QR Code for Website & Registration for **Childbirth Classes**

Location for All Classes: Atrium Health Navicent Baldwin Pain Clinic - First Floor 821 North Cobb St., Milledgeville, GA



Scan the QR Code for Website & Registration for **Breastfeeding Classes**

