

# Research Protocol Outline

## How to write a research protocol for IRB

In order for the IRB to have sufficient information to properly evaluate a research proposal, a properly written research protocol should include **all** of the following information.

### 1. TITLE OF STUDY

- Your title should give a clear indication of your proposed research approach or key question

### 2. PRINCIPLE INVESTIGATOR

### 3. LIST OF CO-INVESTIGATORS, RESEARCH ASSISTANTS AND OTHER KEY PERSONNEL

- List by position

### 3. SPONSORSHIP OR FUNDING SUPPORT

- Name of Sponsor or Grant Support
- Costs to be borne by the participants
- Costs to be borne by Navicent Health

### 4. ABSTRACT/ INTRODUCTION/BACKGROUND AND RATIONALE

You should include:

- The background and issues of your proposed research. Give a brief overview of the pertinent literature and explain the significance of your research. Be sure to include clinical relevance and scientific merit of the project.
- Include a brief summary of the expected results and implications of findings.
- If you have done preliminary research pertinent to this project, briefly summarize previous work.
- a summary of key debates and developments in the field

### 5. PROBLEM STATEMENT/HYPOTHESIS / PURPOSE OF THE STUDY

- State the major question and/or hypothesis of the research
- Explain the primary and any secondary objectives of the investigation.

### 6. STUDY DESIGN & METHODOLOGY

You should Include the following information:

- Type of study
  - Drug, Device
  - Clinical Trial Phase: Phase II, Phase III, Phase IV (post marketing surveillance), Observational, Descriptive
  - Prospective, Retrospective
  - (case-control), cohort), Cross-sectional (surveys), Chart Review
- Description of Study Population
  - Sample Size - Estimated # of subjects to be enrolled and how you determined this number
  - Inpatients, outpatients, staff/employees, students
  - Age Group - Adults ( $\geq$  18yrs), Children (<18yrs)
  - Only members of a specific racial/ethnic group
  - Mentally challenged/incompetent participants
  - Males / Females

- Pregnant Females
- Patients with a specific health need, characteristic, diagnosis
- Will non-english speaking participants be eligible
- Description of how recruiting & selecting participants will occur
  - Must include copies of any flyers or Advertisements to be used
  - Description of how you will obtain informed consent
- Methodology for conducting project
  - Retrospective vs Prospective review
    - How do you plan to obtain data
    - Where will you be accessing the data (e.g. electronic health record, clinic notes, lab reports, etc.)
  - Randomization method – How will you allocate subjects to different groups (if applicable)
  - Describe any and all experimental manipulations or interventions
    - An experimental manipulation or intervention is an activity you perform on participants designed to change a state or condition, such as teaching new knowledge or skills.
    - Collecting data is NOT considered an intervention
  - Projected study duration
  - Risks/Benefits
    - Include any risks to subjects including breach of confidentiality
    - Describe benefits, either direct or indirect, if any
- Explain whether participants will receive any reimbursement or incentive for participating in the project
- Feasibility of Project
  - Time Frame
  - Available population

## **7. DATA COLLECTION & ANALYSIS PROCEDURES**

- List every type of data you intend to collect and how they are to be measured
  - Outcome variables
  - Independent variables
  - Potential confounding variables
  - Description of data collection tools or interview guides (include copies)
  - Location(s) of data collection sites
- Statistical Procedures for Analysis and Sample Size
  - Sample Size and how that was determined
  - Statistical power, alpha level, and difference to be detected
  - If this is a pilot study, how was the sample size determined and how will data be used?
  - What statistical procedures will be used for data analysis

## **8. PLAN OF WORK & TIME SCHEDULE**

You should include an outline of the various stages and corresponding time lines for developing and implementing the research, including writing up your thesis.

## **9. BIBLIOGRAPHY**

You should include:

- a list of references to key articles and texts discussed within your research proposal