

Coronavirus (COVID-19)?

Common Cold? Influenza? Seasonal Allergy?

Know the symptoms and know when to call the doctor.

	COVID-19	THE FLU	A COLD	SEASONAL ALLERGY
TYPICAL SYMPTOMS: <i>Remember:</i> It's possible to have these conditions without experiencing every symptom	Cough Shortness of breath Fever	Aches Chills Cough Diarrhea* Fatigue Fever Headaches Stuffy or Runny nose Sore throat Vomiting* <i>* More common in children</i>	Cough Fever (rare) Post nasal drip Runny nose Sneezing Sore throat Stuffy nose Watery eyes	Watery, itchy eyes Runny nose Sneezing Stuffy nose
How long does it take for symptoms to appear after exposure?	2 to 14 days	1 to 4 days	1 to 3 days	Immediately
How long do symptoms last?	Undetermined	3 to 7 days	7 to 10 days	As long as you're exposed to allergens

If you begin to feel sick - **DON'T PANIC** and assume the worst!

- Coronavirus shares some of the same symptoms of Flu and Colds.
- Remember: We are still in Cold and Flu Season - and Spring Allergies have begun.
- For most healthy people, Coronavirus does not cause serious health problems.

When should you call your doctor for Coronavirus?

- When you have a fever of 100.4 degrees or higher
- Cough with shortness of breath, or difficulty breathing

In a life-threatening emergency, CALL 911

For Coronavirus updates and care visit: [NavicentHealth.org](https://www.NavicentHealth.org)

