

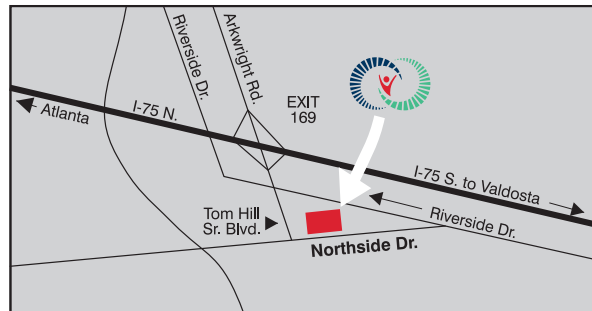
## COMMONLY ASKED QUESTIONS

**Why am I here?** To promote your independence and level of safety after rehab treatment and discharge.

**Why do I have to have a full day of therapy?** Regulations by Medicare and other payor sources require completion of a full day of therapy. If a patient elects not to participate, these guidelines will not allow the patient to remain in the facility.

**How long will I be in rehab?** Once admitted and evaluations are completed, a case manager will discuss with you the anticipated length of stay, your diagnosis, physical condition and discharge goals. If any equipment or other services are needed when discharging, we will make all the arrangements.

**Can my family stay with me?** In general, we recommend that family members do not stay, however, patients with certain diagnoses may benefit from a family member initially staying with them overnight.



For more information about Rehabilitation Hospital, Navicent Health or to take a tour, please call (478) 201-6500.



**RehabilitationHospital**  
NavicentHealth

3351 Northside Drive  
Macon, Georgia 31210  
(478)201-6500

For more information, please visit [NavicentHealth.org](http://NavicentHealth.org)



**RehabilitationHospital**  
NavicentHealth

## — *Acute* — **INPATIENT REHABILITATION**



Rehabilitation Hospital Navicent Health offers a high level of therapy using the latest technology and equipment. Our therapy is significantly more than the average therapy program offered by “rehabilitation centers” in that our patients receive therapy a minimum of 3 hours a day, 5 out of 7 days a week.

Services may include:

- Physical Therapy
- Occupational Therapy
- Speech/Language Pathology
- Respiratory Therapy
- Therapeutic Recreation (TR)

## WHAT SHOULD I KNOW?

### Therapy

Patients are expected to participate in at least 3 hours of therapy per day. Team conferences will be held weekly for each patient. Family education is provided as needed.

### Doctor Visits and Nursing

Our rehabilitation nurses deliver specialized care needed for recovery and healing under your doctor's daily visits and supervision.

### Conditions We Treat

- Stroke
- Neurological Disorders
- Hip Fractures
- Joint Replacement
- Spinal Cord Injury
- Brain Injury
- Amputation
- Orthopaedic Injuries/Conditions
- Low Endurance
- Cardiac (LVAD and Lifevest)
- Pulmonary

### Family and Friends

Family and friends are encouraged to visit and support patients during their healing and recovery.

### Visiting Hours

Monday – Friday, 4:45 p.m. – 9:00 p.m.  
Saturday, Sunday and Holidays,  
12:00 Noon to 9:00 p.m.

### Riverside Café Hours

Breakfast is served on trays in the patients' rooms

Lunch 11:30 a.m. – 1:00 p.m. (Monday – Friday, *served in the Riverside Café*)

Dinner is served on trays in the patients' room

\*Guests can join patients for lunch Monday - Friday. A variety of items are available for purchase.

### Clothing

We ask that you wear your own clothes and that your family members provide personal laundry service.

## WHAT SHOULD I BRING?

- Tennis shoes and socks
- Loose fitting comfortable clothes
- Undergarments
- Toiletries and personal care items
- Pajamas or night clothes
- Any corrective devices, such as dentures, eyeglasses, hearing aids, etc.
- Personal items you would like (books, puzzles, tablet, computer, etc.)  
(*Wi-Fi is available*)

