

# **Atrium Health Navicent Baldwin**

– presents —

# Lunch n' Learn Series

Join us for a 30-minute FREE educational session.

## **Event Dates**

### August 1 at noon

Topic: Let's Talk About Our Heart

**Guest Speaker:** 

Rebecca Gay, MD

Location:

**Atrium Health Navicent Baldwin** 

in the cafeteria 821 North Cobb Street Milledgeville, GA

### October 3 at noon

Topic: Living with Diabetes

**Guest Speakers:** 

Mary Ann Branigan, RN, ASN and Julie Deese, RN, BSN, CDCES

Location:

**Atrium Health Navicent Baldwin** 

in the cafeteria 821 North Cobb Street Milledgeville, GA

#### December 5 at noon

Topic: Eating Healthy During the Holidays

**Guest Speakers:** 

Millie Smith, Dietitian and Martha Larkin Kelly, Dietitian

Location:

Vaughn Chapel Baptist Church 1980 N. Jefferson St.

Milledgeville, GA

Please email Vickie.Humphrey@AtriumHealth.org to RSVP. Sessions are open to the public. Lunch will be provided. For more information, please call **478-776-4641**.

