



# MASSAGE THERAPY

Massage Therapy enhances the function of joints and muscles, improves circulation and general body tone, and relieves mental and physical fatigue. All services can be tailored to your needs. Massage Therapy is successful in relieving:

\*General muscular tension and aches

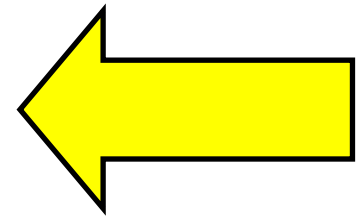
\*Tension headaches

\*Chronic pain and musculoskeletal injuries

\*Stress and anxiety

## INVESTMENT OPTIONS

Service	Member Rate	Non-Member Rate
<b>30-minute Therapeutic Massage</b>	\$46	\$46
<b>60-minute Therapeutic Massage</b>	\$66	\$71
<b>90-minute Therapeutic Massage</b>	\$96	\$101
<b>90-minute Sugar Scrub Massage</b>	\$101	\$106
<b>30-minute Ear Candling Session</b>	\$46	\$46
<b>60-minute Ear Candling &amp; Massage</b>	\$86	\$86



**Nov 1—Feb 14, 2023:**

**Buy a package of 3 massages (60 or 90 minute only) on 1 gift card and receive 10% off the total purchase.**

**To schedule: 478.757.7808**, please leave a message and a therapist will return your call.

Cancellation & Booking Policy: Appointment "no shows" will be charged 50% of service rate. If you need to reschedule, we are more than happy to help you do so with at least 24-hours notice. A credit card pre payment is required for your 1st booking. We thank you for honoring this.

Massage gift certificates make the perfect gift for family, friends and loved ones! Available at the front desk of the Wellness Center.

Atrium Health Navicent employees may payroll deduct services and/or gift certificate purchases.

3797 Northside Drive, Macon, GA 31210 478.477.2300

[www.navicenthealth.org/wellnesscenter](http://www.navicenthealth.org/wellnesscenter)

Updated: Nov 2023