

## Let's walk, talk and improve our health together!

Atrium Health Navicent Baldwin, the City of Milledgeville and Baldwin County Commissioners are partnering together to improve the community's overall health and promote physical activity.

This is a free community event and is open to the public. Grab your walking shoes and meet us on the track!

In the event of rain, event will be canceled.

## **Upcoming Dates**

3rd Saturday of each month through 2023:

- August 19
- November 18
- September 16
- December 16
- October 21

## **Time**

9 a.m.

## Location

Atrium Health Navicent Baldwin - Walking Track 821 North Cobb St., Milledgeville, GA 31061 Light refreshments will be served.





