



WellnessCenter
NavicentHealth

Boot Camps for members and non-members are available through out the year at the Wellness Center.

Call the front desk for dates and times. These classes are generally about 4-6 week programs with no obligation to join the gym.

If you do decide to join during the program, you will receive a 20% off any 1 year contract price. Receive an additional 5% off for full 1-year payment.

www.navicenthealth.org/wellnesscenter

Facebook—The Wellness Center

Wellness Center 478-477-2300

3797 Northside Dr

Macon, Ga 31210