



WellnessCenter

NavicentHealth

3797 Northside Drive, Macon GA, 31210, 478-633-8509 (massage number)

Massage Therapy & Esthetics

Relax with a Soothing Massage

Benefits of Massage

Massage Therapy enhances the function of joints and muscles, improves circulation and general body tone, and relieves mental and physical fatigue. Massage Therapy is successful in relieving:

- General muscular tension and aches
• Tension headaches
• Chronic pain and musculoskeletal injuries
• Stress and anxiety

During Massage Therapy, clients are encouraged to relax and inform the therapist of how to tailor the massage to their needs.

This is your special time to relax!

Looking for that Perfect Gift?

Wellness Center Navicent Health offers Massage Gift Certificates for all occasions.

478-633-8509

Massage Services

All of our Massage Therapists are licensed and have years of experience in several therapeutic techniques.

- Swedish
• Relaxation
• Deep Tissue
• Sports Injury
• Neck/Back
• Prenatal
• Medical Massage
• Repetitive Injury
• Stretch Techniques

Massage Pricing

Table with 3 columns: Service, Member Rates, Non-Member Rates. Rows include Half Hour, 1 Hour, 1 1/2 Hour, Aroma Therapy by Tambra, and Ear Candling.

Organic Skin Therapy

Wellness Center Signature Facial
60 min. \$85

Call for an appointment
Jan Rosson
478-757-7808
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www.navicenthealth.org/wellnesscenter

Revised Effective 2018 January

Please allow 24 hours to cancel or reschedule your massage appointment or client is responsible for full payment of massage.